



# ST. JOHN THE BAPTIST 4-H CLOVER CHRONICLE

## CALENDAR OF EVENTS

DECEMBER 2022 EDITION

### December

- 2:** Validation for Commercial & Market Hogs due
- 2:** Possession Dates for Breeding Swine
- 2:** District Livestock Show Entry Forms Due
- 3:** Louisiana 4-H Day of Service
- 5:** Thankful Journals Due
- 5:** Holiday Wreath Due
- 9:** Deadline to order 4-H Night with the Pelicans Tickets
- 12:** CWF Applications Due
- 14:** 4-H Night with the Pelicans Fan Experience Info Due
- 22- Jan. 3:** 4-H Office Closed - HOLIDAY

### January

- 1-3:** 4-H Office Closed - HOLIDAY
- 6:** 4-H Night with the Pelicans
- 13:** Dream Big Art Submission Due
- 13:** National Conference Delegate Applications Due
- 16:** MLK Day – 4-H Office Closed

### February

- 2-3:** Southeast District Livestock Show
- 10:** Beef Poster Submissions Due
- 10:** Dairy Billboard Submissions Due
- 11-18:** State Livestock Show, Gonzales, LA
- 17:** Achievement Entries Due
- 17:** Honor Cord Applications Due

*"Every TASK, GOAL, RACE & YEAR comes to an end...therefore make it a habit to always **FINISH STRONG!**"*  
– Gary Blair

## ST. JOHN 4-H T-SHIRT DESIGN CONTEST WINNER

Congratulation to Esmi Small on having the winning design for the St. John 4-H T-shirt Design Contest. Special thanks to all who submitted a design and to our judges.



## LAST CALL - ACCEPTING APPLICATIONS FOR CITIZENSHIP WASHINGTON FOCUS

4-H'ers ages 14-19 can strengthen their communication, leadership, and other citizenship skills on a national level; understanding the importance of civic and social responsibilities as they relate to the development of better citizens and leaders; exchanging ideas, practicing respect, and



form friendships with other youth from diverse backgrounds, and experience hands-on learning using the historical backdrop of our nation's Capital City, Washington, D.C.

The St. John Parish 4-H Foundation will sponsor two (2) youth to participate in this experience. Citizenship Washington Focus will take place **June 25-30, 2023. The deadline to submit your application is Monday, December 12, 2022.**

For more information, visit

<https://lsuagcenter.com/articles/page1659982280270> or scan the QR Code



**21:** Mardi Gras – 4-H  
Office Closed

### March

**2-4:** Southern University  
Livestock Show

**3:** Projects Books Due

**9-11:** Junior Leadership  
Conference

**11-19:** Southern  
Regional Shooting  
Sports Match

**17:** Achievement Day

**21:** National Ag Day

**29:** 4-H Advisory Council  
Meeting

### Stay Connected with 4-H on Social Media

#### Facebook:

@stjohnparish4h

#### Instagram:

@st.john4h

#### Twitter:

@stjohn4h

### Contact Us

St. John the Baptist Parish 4-H  
Xavier Bell – 4-H Agent  
151 East 3<sup>rd</sup> St.  
P.O. Box 250  
Edgard, LA 70049  
Office: 985-497-3261  
Fax: 985-497-3409  
Email: [xbell@agcenter.lsu.edu](mailto:xbell@agcenter.lsu.edu)  
Website:  
[www.lsuagcenter.com/stjohn4h](http://www.lsuagcenter.com/stjohn4h)

**The LSU AgCenter and  
LSU provide equal  
opportunities in  
employment and  
programs. Should you  
need an ADA  
accommodation, please  
get in touch with the St.  
John 4-H Office at least  
two weeks before the  
event.**



## DREAM BIG ART CONTEST

Martin Luther King Jr. dreamed that one day Black and White people could live, work, and play together peacefully. He dreamed of a world where people wouldn't be judged, hurt, or treated unfairly because of the color of their skin. He wanted to see the world change in big ways - and he made sure the world knew about it through the words he said and the things he did!



### CONTEST RULES:

- All art submissions must be submitted on any size of paper (8.5x11 or larger, including poster size)
- Art should be the original work of the 4-H members. Parents are encouraged to assist Cloverbud members.
- Be creative
- Art can include clip art, newspaper clippings, magazine clippings, or photos from the internet that would help convey the dream.
- Use the following questions to help guide you as you put your in the art form

### THINK, TALK AND DREAM TOGETHER:

- What's something you'd like to see change in your community, country, or world?
- Is there a problem that needs to be fixed?
- Are there people who should be treated better?
- Who or what is important to you?
- What is your dream for the world?
- What can YOU do to make a difference, fix a problem or help someone?
- What would it look like if everyone was kind to another?
- What would it feel like if everyone had what they needed?
- What would be different if everyone was treated fairly and loved for who they are?

The deadline to submit all artwork to the 4-H Office is **Friday, January. 13, 2023**

For more information visit

**<https://lsuagcenter.com/articles/page1670251299498>** or scan the

QR Code



## NATIONAL 4-H CONFERENCE DELEGATE

National 4-H Conference (**April 14-19, 2023**) is an opportunity for youth to have a voice in the future of Louisiana 4-H and learn how to advocate for community causes that they care about. It is the pinnacle experience in 4-H civic engagement, providing 4-H members the opportunity to connect with others and develop ideas to lead change that impacts communities across our nation and our world





### **PROGRAM RULES AND REQUIREMENTS:**

- Delegates must be either 10th or 11th graders in high school when they apply
- Delegates selected can only serve one (1) time for a one (1) year period.

### **PROGRAM TIMELINE**

- Dec. 2022 - Online Application Opens -
- Jan. 13, 2023 - Deadline for Applications to be Submitted
- Feb. 2023 - Announcement of 2023 National 4-H Conference Delegates
- March-April 2023 - Planning and Orientation for National 4-H Conference
- April 14-19, 2023 - National 4-H Conference (Arlington, VA)
- May - Dec. 2023 - Conducting various educational and leadership programs

For more information, visit

**<https://lsuagcenter.com/articles/page1670253284388>** or scan the QR Code



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## **CELEBRATING LOUISIANA FOOD COMMODITIES - 2023 4-H COMMODITY AMBASSADOR CONTEST**



4-H'ers consider participating in the Louisiana 4-H Commodity Ambassador Contest that will be held **March 1, 2023**, at the EVAC Megashelter in Alexandria, LA. This is wonderful opportunity for youth to develop and demonstrate their leadership and communication skills; use sound nutritional knowledge when planning meals; acquire scientific knowledge and improved understanding of the economy, versatility and nutritional value of Louisiana agriculture commodities and its relationship to human nutrition and health; and help youth develop skills in the preparation and use of Louisiana agriculture commodities and to acquire the ability to express their ideas proficiently and efficiently through participation in projects, talks, discussions, demonstrations, and exhibits. The deadline to register for this event is **Monday, January 30, 2023**.

For more information visit

**<http://www.lsuagcenter.com/commodityambassador>** or scan the QR Code



Register online at

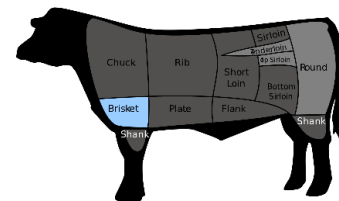
**[https://lsu.qualtrics.com/jfe/form/SV\\_4TSi02hmjECrTFA](https://lsu.qualtrics.com/jfe/form/SV_4TSi02hmjECrTFA)** or scanning the QR Code



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## BEEF POSTER CONTEST

Louisiana 4-H is hosting the 2022 Louisiana Beef Industry Council Beef Poster Contest. This contest encourages youth to learn more about the beef industry while promoting the beef industry nutrition and products.



This contest is open to all 4-H'ers, 4<sup>th</sup>-12<sup>th</sup> grades. Poster can be either done on a "22x28" poster board or digitally using Microsoft Publisher, Adobe Photoshop, Adobe Illustrator and Canva.

**Deadline to submit all poster is February 10, 2023**

For more contest rules visit

**<https://www.lsuagcenter.com/articles/page1611516610304>** or scan the QR Code



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## DRAW-A-DAIRY BILLBOARD CONTEST



Louisiana 4-H is hosting the 2023 Draw-A-Dairy Billboard Contest. This contest encourages youth to learn more about milk and milk products and their importance to healthy bodies. Through creative and original thinking participants will develop a visual form of marketing communication to convey thoughts and ideas.

Open to 4-H members in grades 4<sup>th</sup> – 12<sup>th</sup>, youth will be placed within their respective division based on their grade level. Posters must be on a 22" x 28" regular poster board **ONLY**, no digital submission allowed!

**The deadline to submit your poster is February 10, 2023**

For more contest rules visit

**<https://lsuagcenter.com/articles/page1670300055198>** or scan the QR Code



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## LOUISIANA 4-H FOOD CHALLENGE



The Louisiana 4-H Food Challenge competition which challenges teams of 4-H members to create a dish using only a key ingredient and access to a "grocery store" of other ingredients. From the ingredients, team members are challenged to create a

healthy dish while practicing proper food safety, food preparation, and communication skills. Following the dish preparation, teams then present to

a panel of judges who will further test their culinary and nutrition knowledge with a question-and-answer segment.

**STATE CONTEST DATE & LOCATION:**

Wednesday, April 25, 2023 – State Evacuation Shelter, Alexandria, LA

**AGE DIVISIONS:**

- Division 1: 4th-6th graders
- Division 2: 7th-8th graders
- Division 3: 9th-12th graders

**CONTEST ELIGIBILITY:**

- St. John Parish 4-H is permitted to enter TWO (2) TEAMS PER DIVISION
- Must be an enrolled 4-H member
- Each team must consist of 3-4 members

4-H members must complete the interest form online by **Tuesday, February 28, 2023.**

For more information visit our website at

**<https://www.lsuagcenter.com/articles/page1643406458931>** or scan

the QR Code

